



Monthly Newsletter

October 1, 2023
Volume 1 | Issue 10

UPDATE FROM THE IB POA BOARD

Happy Halloween month! The air is crisp, the leaves are turning and we're breaking out the cozy sweaters. We are, of course, talking about the season of pumpkin spice and everything nice.

Check our website for a new update on current litigation with a homeowner. You must have access to the private portion of our website to view it. If you're not already signed up, go to <https://www.ironbridgepoa.com/general-information>.

There have been some incidents of hacking on POA Board and Committee emails. All email addresses have been removed from our website. To contact a Board member or Committee member, email office@keystoneman.com. No person from Ironbridge will ever email and ask you for money or gift cards. If you get any emails of this nature, forward them to office@keystoneman.com.

The Design Review Board is composed of three to five people appointed, removed, and replaced by the Executive Board who will be responsible for the establishment and administration of Design Guidelines created in our Declarations. If you're planning a project for your home, you must contact the DRB first. For details, go to <https://www.ironbridgepoa.com/design-construction-and-landscape>. There have been increasing incidents of homeowners who do not follow the proper procedure. The Executive Board and the DRB will be enforcing all rules, regulations, and fines associated with DRB guidelines.

The next scheduled monthly Board meeting is Monday, October 16th at 5:00 p.m. at The Kitchen. (NOTE the time change for the winter months.)

We're all equally invested in Ironbridge and its success



On Friday, October 13, American Asphalt will be on site to patch the road at the Ironbridge South entrance and the road in front of 958 River Bend Way.

MEET YOUR NEIGHBORS

Warren and Lauren Chetosky met in 2019 when Lauren was a travel nurse at Valley View Hospital. She is originally from Medford, NJ and Warren is from outside Chicago, IL but has been living in the valley since 2015. Warren works as a commercial lender for Timberline bank in Aspen and Lauren is still a nurse for Valley View. As of yet, they do not have any children but hope to someday. They do



have a dog; her name is Luna.

Warren and Lauren like to stay active. They recently hiked the Four Pass Loop in the Maroon Bells Wilderness. Warren's primary passion is hunting, fishing, and triathlons. He also enjoys golfing and would love to make some new golf buddies. This November, Lauren is competing in a half marathon in Moab. they also enjoy mountain biking, skiing, and snowboarding and are currently planning a ski/snowboard trip to Alaska this winter.

When asked what drew them to Ironbridge, Warren replied, "We wanted to move into a community that had a lot to offer. We just had our 1-year wedding anniversary and hoped to find a community for our future children to run and play around in." Lauren's parents recently moved into Ironbridge and she enjoys living close to them.

Welcome to Ironbridge Warren and Lauren!



UPDATES FROM THE IB POA BOARD SUBCOMMITTEES

COMMUNICATIONS and ENGAGEMENT COMMITTEE

Halloween House Decorating Contest



As a fun social event this fall, our committee is having "The Ironbridge Spookiest House Contest"

for Halloween. The Engagement Committee will drive around during the day/night and judge between October 28th and 30th. We will announce the winner in the November Newsletter. We are working on a prize for the winner. (We will plan this for Christmas, too.)

We might be planning something with the Club before Trick or Treating on Tuesday the 31st on Halloween. If so, more information will follow.

When to turn your water off



Key Stone Management will send out information on when the main water shut-off will be done for fall. You can shut off your own sprinklers from the main when you feel ready prior to this date. Should you choose to shut off your irrigation system prior to the main water shut-off date, then please remember to close the main valve that supplies water to your property prior to any winterization blowouts.

Tree Cages

DON'T FORGET to get those cages out and fence around your trees and shrubs you want to be protected from the elk and deer. It is nice to get this done before the first real snowfall!



Local Businesses - We want you!

If you are a local business in our valley, we would love to feature you! Please reach out and let us know at Communications@ironbridgepoa.com.

Our next meeting is planned for **Wednesday, October 11th at 5:00 at the Club**. All are welcome to come!

DESIGN REVIEW BOARD GUIDELINES COMPLIANCE

Management has alerted the Executive Board of an ongoing issue of compliance with Design Review Board Guidelines. The DRB is in place to ensure that building, construction, improvements, and landscaping follow certain guidelines established in the PUD to maintain design standards and ensure a harmonious residential experience.

All homeowners are required to submit an application form and pay certain fees and deposits for new home construction and existing home projects. All policies and documents can be found on our website in neatly categorized sections at: <https://www.ironbridgepoa.com/design-construction-and-landscape>.

Each month, the DRB will create and update an Activity Report listing lot number, address, and project (such as changing house colors or deck and spa) that can be found on the above webpage. We encourage you to check the report periodically and alert Key Stone Management if you've seen any activity in the neighborhood that isn't listed.

The purpose of the monthly Activity Report is to both keep our neighbors informed of ongoing projects and to encourage fairness in the application of guidelines.

RIVER COMMITTEE

Volunteers recently made enhancements to the Ironbridge members' north trail that parallels the river in Heron Crossing by extending and adding more woodchips, and widening this slightly over half mile trail.

Earlier in the summer, volunteers completed a primitive trail that accesses the river from the south pump house. This trail is accessible year-round by Ironbridge members as the mid-February to mid-July access limitation (Blue Heron wildlife buffer zone) has been removed. Currently, this primitive trail has small blue marker flags placed along it.

With the staircase added last summer to the river access trail at the River Bank Lane pumphouse, Ironbridge members now have three river access trails.

RFV VOLUNTEER OPPORTUNITIES

There are many opportunities to volunteer in the Roaring Fork Valley. Be sure to read through the events section and learn more about the sponsors of upcoming events. Perhaps there is one you'd like to support.



ROARING FORK VALLEY EVENTS



October 1st: USBCHA National Sheep Dog Finals; Strang Ranch, 393 CR 102, Competitions final awards on Sunday, October 1st. For more information and a schedule of events go to carbondalessheepdogfinals.com.

October 6th: First Friday; 5:00 PM - 9:00 PM, Downtown Main Street, Carbondale. For more information go to carbondale.com/events/.

October 6th-8th: Carbondale Potatoe Days Begins. For more information on the history of potatoes in the valley and why this day is celebrated, [click here](#).

October 6th: Bonedale Flashmob; 5:30 PM -6:00 PM, Main Street.

October 6th: Potato Day Community Contra Dance; 7:30 PM - 10:00 PM, Yes, 3rd St., Center, Community Hall. Go to carbondalerec.com > special events for more information and a schedule of full events.

October 7th: Potato Day Pancake Breakfast; 8:00 AM - 10:30 AM, 4th Street Park. Go to carbondalerec.com > special events for more information and a schedule of full events.

October 7th: Potato Day Ross Montessori School Tater Trot Fun Run; 8:30 AM - 10:00 AM, 4th Street Park. Go to carbondalerec.com > special events for more information and a schedule of full events.

October 7th: Potato Day Parade & BBQ; 10:30 AM - 3:00 PM, Main Street & Sopris Park. Parade, Farmers & Artisans Market, Cornhole Tournament, BBQ Lunch & Baked Potatoes, Live Music, Games and Awards. Go to carbondalerec.com > special events for more information and a schedule of full events.

October 8th: Ride the Ranches, Gears, and Grazing For Valley Farmers; 8:00 AM - 12:00 PM, A 50 K bike ride with 2000 vertical to some of the valley's most beautiful, working ranches, all to benefit Roaring Fork Roots. Guided by Carbondale-based Aspen Cycling Tours, enjoy a fun-filled day featuring a combination of paved and gravel roads to five local ranches. Each ranch stop will feature light refreshments along with a few words from the rancher and/or local provider. The ride will finish at Aspen Valley Land Trust's Coffman Ranch where you will join "Party in the Pasture" (11:00 PM - 2:00 PM) with event highlights; local farm-to-table bites, live music, ranch tours, and other fun activities. The fee/admission for the ride and party is \$85. For more information and registration go to carbondale.com/events/. Tickets to Party in the Pasture can be purchased separately at <https://www.avlt.org/party.html>.

October 9th: Indigenous Peoples Day; Nuche Powwow, 5:00 PM - 9:00 PM, Sopris Park &

Gazebo.

October 13th: Marble Distillery, showing of Rocky Horror Picture Show; Tasting room will be set up like a movie theatre with a big projection screen. Includes unlimited popcorn and a goodie bag of props. Tickets are \$40 each, costumes highly recommend. For more information/tickets email maggie@marbledistilling.com.

October 18th: Marble Distillery, Cocktails and Canvas, Paint and sip. Tickets are \$55 each, including all art supplies and the first cocktail. This event is run by a local artist. For more information/tickets email maggie@marbledistilling.com.

October 21st: Boots & Bowties Event; Spring Creeks Ranch, 644 Cowen Drive, 5:00 PM - 10:00 PM. Annual fundraising event for St. Stephen's School. All-inclusive ticket features Dinner, Open Bar, Live Music and Dancing. For more information call 970-404-7110.

October 28th: Bonedale Flashmob; Thrill the World, 4:00 PM, 4th Street Plaza Park.

October: "Storytime" at the Carbondale Branch Library, each Thursday 10:30 AM - 11:30 AM. Children (0 - 5 years old) and their accompanying adults are invited to the library every week for stories, songs, and new friends. 320 Sopris Avenue. For more information call 970-963-2889.

October: "Paws to Read" at the Carbondale Branch Library, First and Third Tuesdays of Each Month. 3:30 PM. Children (K - 5th grade) practice reading in a fun supportive environment with a four-legged friend. Therapy dogs from Healing Partners of the Roaring Fork Valley will be at the library to listen, encourage, and enhance each young reader's experience. There will be 15-minute time slots for readers and advance registration is required. 320 Sopris Avenue. For more information and reservations call 970-963-2889.

October: Music at Steve's Guitars; 8:00 PM. For more information and reservations go to stevesguitars.net.



October 1st: Handmade in Colorado Expo; a juried showcase of high-quality handcrafted products curated from only Colorado artisans, supporting the creative economy of our state. 1:00 PM — 4:00 PM, Bethel Plaza and 7th Street. More information at www.handmadeincolorado.com

October 7th: 2nd Annual Children's Arts and Literacy Festival; 2:00 PM - 5:00 PM, Glenwood Springs Branch Library, 815 Cooper Avenue. This celebration is open to all members of the community and their young kids.

Immerse yourselves in interactive storytelling, engaging workshops, arts and crafts, book giveaways, and much more. For more information call [970-945-5959](tel:970-945-5959) or go to cogs.us.

October 7th & 14th: Oktoberfest; Glenwood Caverns Adventure Park. The park transforms into a Bavarian festival complete with a beer tent, traditional oompah music from the Alpine Echo Band, fall-themed drinks for kids, spiked cider for grown-ups, and traditional German fare for everyone. Starting at 11:00 AM games and competitions, family fun, and Oktoberfest menu. For more information go to glenwoodcaverns.com.

October 13th, 14th, 20th, 21st, 27th, and 28th: Glenwood Springs Historical Society Annual Ghost Walk; The ghost walk will take attendees on a spooky tour through the Linwood Cemetery, visiting the grave sites of real-life individuals who made an impact in our community. Sponsored by Alpine Bank, tour times: 6:30, 7:15, 8:00 and 8:30 PM. Ticket price: \$25 per person. Tickets are available on October 1st and sell out quickly. For more information/details and tickets call [970-945-4448](tel:970-945-4448) or go to glenwoodhistory.com.

October 14th: TKEF's Annual Fundraiser Oktoberfest; Sunlight Mountain Resort, 11:00 AM - 8:00 PM. Let's support our neighbor, Kirstie Ennis's foundation! Spend the day at Sunlight with live music, food, drinks, auctions, and fun. General mission tickets include two drink tickets, access to all music, and shuttle service. Tickets are \$50. For more information and event details go to eventbrite.com or <https://thekirstieennisfoundation.com/oktoberfest/>.

October 28th: Halloween Spooktacular & Spooky Skate: Glenwood Springs Parks & Recreation, 3:00 PM - 5:30 PM Spooktacular Main Event. 5:00 PM - 7:00 PM Spooky Skate. Join GSP&R for Halloween festivities, a pumpkin hunt, carnival games, a fire pit, a bounce house, entertainment, spooky skate, and more. Admission: \$12 for all ages. For more information and preregistration call [970-384-6321](tel:970-384-6321) or go to missy.castaneda@cogs.us.

October: Time to register for the Gingerbread Contest; Hosted by the Glenwood Springs Historical Society, participants are asked to create a design based on past or present historical home, building, landmark, or local attractions. Entries will be on display at the Hotel Colorado, the finalist will move to AMB Bank for final judging/voting on December 1st. Entry fee: \$10. For more information and contest details call [970-945-4448](tel:970-945-4448) or go to glenwoodhistory.com.

October: "Get the Wiggles Out!" At the Glenwood Springs Branch Library; each Thursday, 10:30 AM - 11:30 AM. Toddlers and preschoolers bring your grownups to the library. We'll burn some energy with active play and work on large motor skills. 815 Cooper Avenue. For more information call [970-945-5959](tel:970-945-5959).

October: Hotel Colorado's Summer of Live Music; every Wednesday and Thursday through October. 6:00 PM - 8:00 PM, at the Hotel Colorado Outdoor Courtyard. For the full schedule and



October 4th: TACAW, The Longevity Project; This event will focus on the importance of maintaining mobility, balance, and strength throughout your life – yes, the use it or lose it principle applies - with plenty of tips to check where you are compared with where you would like to be. 5:30 PM, Seated show, all ages. Tickets \$15. For more information and tickets go to tacaw.org. This event is ticketed through Aspen Times & Post Independent.

October 7th: AVSC Sports Swap! 9:00 AM - 1:00 PM, Market Street, Willits Town Center. Don't miss out! Score great deals on equipment, soft goods, and accessories from vendors and community members of the Aspen Valley Ski & Snowboard Club.

October 7th: Pumpkin Jazz 2023; With multiple performance locations in Willits, the annual fall presentation of Pumpkin Jazz offers the community a free chance to celebrate this amazing genre of music. 5:00 PM - 11:30 PM, Free, seated show, all ages. Shows in Triangle Park, Keating Gallery, TACAW Terrace, and TACAW Theater. For more information and a list of bands/venue times go to tacaw.org.

October 14th: ACES Annual Harvest Party; Bring the family and celebrate the Fall Harvest with ACES! This year the event is scheduled for one day with two sessions to choose from: 11:00 AM - 2:00 PM or 2:00 PM - 5:00 PM, Tickets are \$10. Tickets include pumpkin carving, hayrides, farm tours, a vegetable harvest, a pie contest, ranch games, kid's crafts, and apple cider pressing. Food, beer, and wine will be available to purchase at the event. Rock Bottom Ranch, 2001 Hooks Spur Road, Basalt. For more information and tickets go to aspennature.org or local.aarp.org.

October 14th: Teton Gravity Research WhiSki Event; TACAW, 400 Robinson Street. Special showing off "Legend Has It" Teton Gravity Research's new ski and snowboard film! For 28 years Teton gravity research has been traveling the globe with the best athletes to the most incredible locations often based on this fabled history to uncover the experience... And sometimes creating legends of our own along the way. Two showings, at 2:30 PM and also at 7:00 PM. Seated show, 21 +, Tickets \$75. For more information and tickets go to tacaw.org.

October: TACAW Willits, 400 Robinson St. The Arts Campus at Willits presents exceptional performing arts, cultural events, and thought-provoking programming that sustain a connected engaged, and inspired community. For more information on all of their shows and tickets go to tacaw.org.

October: Music at Heather's Savory Pies; most nights 7:00 PM - 10:00 PM enjoy dinner and live music on the patio, July through September. For a Live Music Schedule go to heatherssavorypies.com.

October: Music at Free Range Kitchen; 22864 Two Rivers Road. For more information and a live music calendar go to freerangebasalt.com.



October 7th: Last Aspen Saturday Market; 8:30 AM - 2:00 PM, Downtown Aspen, on Hopkins, Hunter and Hyman Streets. Each Saturday through October 7th. A weekly Farmer's Market and Local Artisan's Market all rolled into one. Highlights include amazing fruits, fresh flower arrangements, and baked goods to name a few. For more information go to aspenchamber.org.

October 12th: Toyota Presents Match-stick Productions: 2023 Ski Movie; "Land of the Giants" a new ski film that explores the most iconic mountains on earth. From the fjords of Norway to the spines of Alaska. The Land of the Giants features, the best skiers in the world skiing in unbelievable conditions and riding to the very edge and beyond. Wheeler Opera House, 320 E Hyman, 7:30 pm - 9:00 PM, Tickets \$23. For more information go to wheeleroperahouse.com/event/Toyota-presents-matchsticks-productions-2023 or call 970-920-5770, or aspenchamber.org/events.

October 13th: Teton Gravity Research WhiSki Event; TACAW, 400 Robinson Street. Special showing off "Legend Has It" Teton Gravity Research's new ski and snowboard film! For 28 years Teton gravity research has been traveling the globe with the best athletes to the most incredible locations often based on this fabled history to uncover the experience... And sometimes creating legends of our own along the way. Come early for prize giveaways! Wheeler Opera House, 320 E Hyman Avenue, 7:30 PM - 9:30 PM, Tickets \$23. For more information go to wheeleroperahouse.com or call 970-920-5770.

October 4th - 9th: John Denver Celebration; Join in the celebration of one of the greatest artists and humanitarians of our time – John Denver. Various locations and days in Aspen. Sing Alongs, Meet & Greets, Campfire Cookouts, Speakers and Concerts fill the the week's special activities. For more information and a schedule of daily events go to aspenchamber.org and wheeleroperahouse.com.

October: Aspen's Darkside Ghost Tour; weekly on Tuesdays, Thursdays, Fridays, Saturdays and Sundays. 8:00 PM - 9:00 PM, Historic Downtown Aspen. True stories of Aspen's tarnished past of Ghosts, Murder, and Mayhem from 1879 to today on an entertaining evening walk. This is a great tour for the whole family or just the adults. Tickets: \$35 Adults, \$30 Child. Reservations

required call [970-948-4349](tel:970-948-4349) or visit AspenWalkingTours.com.

October: Walk with the Dead Cemetery Tour; Uncovered tales from the grave of Aspen's oldest burial ground. A guided walk through Aspen's first burial ground. The Ute Cemetery tells the story of the pioneers of Ute City. A 60-minute tour. Only offered in October. For more information, dates, and tickets call [970-948-4349](tel:970-948-4349) or visit AspenWalkingTours.com.



Ladies Golf League

Our Ironbridge Ladies League "WILD, WILD WEST" Fall Finale Golf Event was a huge success! We had a putting contest, a contest for best-dressed cowgirls and dressed western golf carts, winners in each flight, individual winners, great desserts, a photo booth, and the Club had a delicious BBQ rib buffet dinner. We are so lucky to have such a great community of lady golfers and how fun is it to have these special fun events here in Ironbridge.



Club Championship

The Club Championship is on Saturday & Sunday, October 7th - 8th

This is a Gross and Net tournament, so please don't hesitate to join the fun, whatever your skill level.

Remember, bragging rights, prizes, and Champion Parking Spots hang in the balance! Please call the Pro Shop to reserve your spot for this year's tournament. The sign-up deadline is officially set: Monday, October 2nd (6:00 PM).



LADIES' CHAMPIONSHIP
Green Tees for Gross & Net

MEN'S CHAMPIONSHIP
(GROSS, NET, SENIOR (65+))
Gold Tees ONLY for the GROSS Championship

Blue Tees ONLY for the SENIOR GROSS Championship

CHOICE OF TEE for the NET and SENIOR Championship and players will move forward only as their age allows

CLUB Championship
October 7th & 8th
TEE TIMES BEGIN 9:00 AM SATURDAY & SUNDAY

PRICE
\$30/Player
Optional CASH Skins Game Daily

FORMAT
36 Holes Stroke Play
Gross & Net



The Last Day of Golf is usually **October 31st**, but they have stayed open if the weather is good some years, so we will see what happens.

IRONBRIDGE REAL ESTATE MARKET UPDATE



Ironbridge
Local Market Update

September, compared to August

INVENTORY	9	↑ 12%
NEW CONSTRUCTION HOMES	7	—
DAYS ON MARKET	249	↓ 3%
AVERAGE SALES PRICE	\$1M	↓ 18%
PRICE PER SQUARE FOOT	\$473	↑ 1%

As of September 22, 2023



A total of **six homes sold** in the last 30 days at a median price of \$993,078/ \$497.00 per square foot. These homes (four new construction homes and two existing homes) were on the market for an average of 229 days achieving 100.86% of the asking price. It is worth noting that the two existing homes have 51 days on the market and 96.39% of the asking price.

The homes that are **currently offered for sale** are the 4,064 square foot existing home with a finished basement on 302 Silver Mountain Drive price reduced on August 18 for \$1.399 million (previously offered for \$1.99 million in January, re-listed at \$1.5 million on June). The listing on 196 Silver Mountain Drive from last month - three bedrooms price adjusted to \$795,000.00, and advertised as needing some minor repairs which are reflected in the asking price.

There are still the same six **Sunrise homes** offered at a median price of \$1.1 million/ \$491 per square foot.

As mentioned already in last month's newsletter, the contemporary 3,033 square foot new construction project on **1817 River Bend Way** is being advertised for sale again now at \$1.895 million allowing to "customize, personalize, and move into new construction by Christmas!"

Glenwood Springs has seen a total of **24 residential real estate closings** over the past 30 days, compared to 41 over the same time period last year, and 34 sold residential properties in 2021.



The average price of \$923,935 (\$418/sf) is close to the same time period last year which averaged at \$827,927 (\$396/sf), compared to \$787,769.00 (\$357/sf) during the same 30 day time period in 2021.

Glenwood Springs

Local Market Update



September, compared to August

INVENTORY

50 ↑ 4%

NEW CONSTRUCTION HOMES

10 ↓ 28%

DAYS ON MARKET

99 ↓ 10%

AVERAGE SALES PRICE

\$926K ↓ 34%

PRICE PER SQUARE FOOT

\$418 ↓ 13%

As of September 22, 2023

RIMKUS

It took an average of only 103 days for these properties to sell. The number of home sales in Glenwood Springs is in line with the new supply that has been added keeping the number of **homes for sale** the same. **The Market Action Index** remains in the balanced territory with a slight advantage for sellers due to the supply-constrained market conditions.

Overall real estate prices have held strong, with homes appreciating at a relatively normal rate again since the end of last year.

The "Showings per Listings" (a measure for how many buyers are in the market actively looking for a home), has been strong since the beginning of the year in Glenwood Springs and remains at 9.

IRONBRIDGE LOCAL BUSINESS FEATURE

Got Your Back Lifestyle Chiropractic

Cherie L Smith, DC

970-279-1808

www.GotYourBackDoc.com

GotYourBackDoctor@gmail.com



What inspired you to become a chiropractor and start your own practice? My introduction to chiropractic and golf happened at the same time. In 1991 I began caddying for Lori West, LPGA tour player, and current golf instructor.

Caddying on tour took me all over the world, but most of all it introduced me to chiropractic. We usually had chiropractors set up in the locker rooms to adjust the players during events. Lori and I adjusted every chance we got. Seeing the positive impact that had on Lori's ability to perform at a higher level each and every time she was able to receive care was so inspiring. So, in 1999 I went to Chiropractic school.

What are some of the benefits of chiropractic care for people of all ages and backgrounds? Because of my background in professional golf, I had a natural connection to customize my chiropractic education toward sports performance, specifically golf. But as I went through school, I learned how awesome chiropractic care is for everything we humans experience. Chiropractic adjustments improve how our nervous system works to control and coordinate self-healing and optimum function in all the things we do. My practice has always included a pregnancy and pediatric specialty, sports performance, and nutritional support for optimum health and healing.

How does chiropractic care help improve performance and prevent injuries? When it comes to golf chiropractic adjustments are awesome. In order to have a stable, flexible, powerful, and reproducible golf swing you must have a stable pelvis and flexible and stable spine. This is a perfect match for chiropractic care. The techniques I use are specific for stabilizing the pelvis. There are Pelvic Stabilization exercises on my website that anyone can do. I also work on balance and coordination, brain health, and vision integration for better putting.

How long have you been living in the Ironbridge Golf Community³ and what do you like most about it? Lori and I moved to Ironbridge 6 years ago. I can't imagine finding a better place to live. This is the best golf course in the valley, and one of the best courses I've ever seen- and I have caddied on beautiful courses all over the world. The river access, fishing, and rafting are unbelievable. But the best thing is our neighbors. I have not lived around a better group of people in my life. This is a fun, generous, kind, and incredibly supportive community. We love it.

Address: 981 Cowen Dr Ste B1, Carbondale, CO, 81623

Opening Hours

Mon - Fri: 8:30AM – 6:30PM

Saturday: By Appointment Only

Sunday: By Appointment Only

OKTOBERFEST FUNDRAISER FOR TKEF



Join neighbors for a day at Sunlight Mountain Resort with live music, food, drinks, auctions, and fun to support **The Kirstie Ennis Foundation**. They are excited to share three bands, some of your favorite breweries and distilleries, and unique catering from the Western Slope with you, at one of our favorite places.

General admission tickets include two drink tickets, access to all music, and shuttle service. Food and alcohol are served until 7 PM when the music ends, and the last shuttle from the mountain at 8 PM. Shuttle runs from Sunlight Ski & Bike in downtown Glenwood Springs up to Sunlight Mountain Resort starting at 11 AM.

Dogs are allowed in grass areas, not on the patio or where food is served, and must remain on leash. This is a kid-friendly event, however, tickets must be purchased for each individual attending.

This is a fundraiser, after all. IDs will be checked. Bags the size of a backpack are allowed, be prepared to have them checked — no outside drinks are allowed. Blankets and chairs are allowed for seating in the grass areas. For tickets, [click here](#).

Thanks for supporting TKEF and our annual Oktoberfest!

BANDS: The Know Bodies, Peach Street Revival, Abhi the Nomad

Eats: Mac G's Grilled Cheese, Live Fire Eats with Brian Smith, Jr., Whole Empanada

LEARN ABOUT BEARS IN OUR AREA



Luckily, thanks to the moisture this year, the bear's food supply has been more plentiful in higher elevations and sightings here in the Glenwood area have been fewer. It is in October and early November that we need to take special care as they are loading up on calories!

Most bears are active from mid-March through early November. When the food source dwindles, they head for their winter dens. With a nose that is 100 times more sensitive than ours, a bear can smell food five miles away! They are also very smart and once they find food, they come back for more. During the late summer and early fall, bears feed as much as 20 hours a day to gain weight to carry them through their long winter hibernation. Often, they'll eat as much as 20,000 calories per day to prepare for the 5-1/2 months they will not eat or drink.

In Colorado, there are about 8,000 to 12,000 black bears, the only type of bear known to exist now in our state. "Black" is something of a misnomer, as 75% are really brown. They may also be honey-colored, blond, or cinnamon-colored (leading some people to believe they are grizzlies). The highest point of a black bear on "all fours" is the middle of his back. There is no prominent shoulder hump as there is on the larger grizzly bear.

- Depending on food supply and gender, black bears may weigh between 125 and 275 pounds. Just prior to winter, they can weigh 100 pounds more than they normally do.
- Despite their immense size, a bear can squeeze his body through any hole he can get his head into because, unlike human shoulders, a bear's are flexible.
- In the wild, bears live to be about 20 years old. "Home range" for males is generally 180 to 200 square miles, and for females, generally 10 to 75 miles.
- Young bears have long, lanky limbs, muzzles that appear too large for their faces, and ears that appear large and very far apart for the size of their heads.
- In the wild, bears' diets are about 90% vegetation -- grasses, leaves, nuts, and berries. Of the 10% that is meat, some are deer, elk, rabbits, and livestock, but most of it consists of insects such as ants, beetles, and larvae.

Remember, NEVER run from a bear. If you see a brown bear, leave the area or take a detour. If this is impossible, wait until the bear moves away. However, if a black bear does approach you, make yourself look big, make loud noises, clap your hands, and continue to back away. Always leave the bear an escape route. Be especially cautious if you see a female with cubs; never place yourself between a mother and her cub, and never attempt to approach them.

This information was compiled partly by Pitkin County and with the cooperation of the Colorado Parks and Wildlife. For more information, contact the local Wildlife Officer at 970-945-7228.

DON'T FORGET

Information for the upcoming Flying M Ranch Meeting on 10-02-23 at 1:00

For those in the Ironbridge community who are concerned about this development, here are things you can do: The Board of County Commissioners will be hearing the proposal for the Flying M Ranch development on Monday, October 2nd at 1:00 pm. The hearing will be held at 108 8th Street, Room 100.

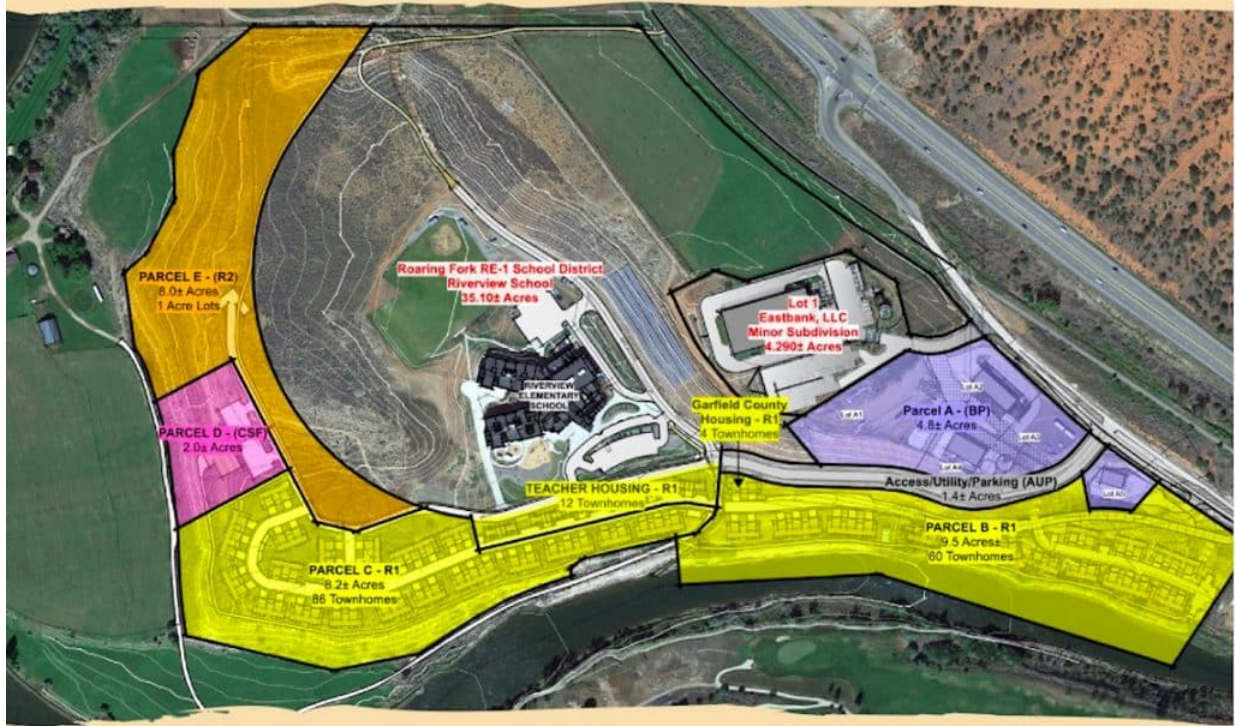
The County planning staff recommended AGAINST approval, but the planning commission voted in favor of moving it on to the BOCC for final approval or denial. If you can attend the meeting in person, that will have the greatest impact. Some of our interested neighbors are out of town, so if you can go, it will be very beneficial.

If you cannot attend in person or wish to express your opinion, you can submit comments to each commissioner by using the "contact" boxes on the county website.

<https://www.garfield-county.com/board-commissioners/contact-jankovsky/>

<https://www.garfield-county.com/board-commissioners/contact-martin/>

<https://www.garfield-county.com/board-commissioners/contact-samson/>



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